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| MEET YOUR MOUTH |  |
| IT’S PART OF YOUR BODY |  |
| Your Mouth and Your Newborn |  |
| Clean your infant’s gums regularly with a damp cloth |  |
| Infants can teeth between four and six months. Their gums may become swollen andirritated, cold temperatures can ease the discomfort. Try a chilling their teething ring in the fridge. |  |
| When teeth start to come in, brush them twice a day with a soft, small toothbrush and plain water. Consult with a doctor or dentist |  |
| before using fluoride toothpaste. |  |
| Dental decay is an infectious transmissible disease. To avoid transmitting any disease, be sure to refrain from sharing utensils, testing a bottle temperature with your mouth, or |  |
| cleaning a pacifier with your mouth. |  |
| More Information |  |
| Minnesota Oral Health Coalition |  |